



## **Crown and Bridge Post-Op Instructions**

A few things to keep in mind after having a tooth prepared for a crown or bridge:

- You may have cold sensitivity after the crown preparation is done.
  - If your tooth has had a root canal in the past you will not have cold sensitivity.
- Your gums can be sore and tender after the procedure.
- You should not eat sticky foods. (example: chewing gum or caramel)
- You should not eat hard and crunchy foods. (example: raw carrots or french bread)
- Rinse daily with warm water mixing half teaspoon of baking soda and half salt.

Please contact the office immediately if your temporary crown should come off or break.

If your temporary crown is off and you're not able to get to our office within a day, you may use toothpaste or Fixodent denture adhesive inside the temporary crown and place it back on the tooth.

If you temporarily place your crown back on at home, please make an appointment to have the temporary crown evaluated in our office as soon as possible. During this appointment we may recement or remake your temporary crown.



# Carolina Aesthetic Dentistry

Farzaneh Keshmiri DDS, FAGD   Mollye U Vick, DDS   Catherine B Laws, DDS

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## **Immediate Denture**

Instructions for the day of extraction:

- Your denture will be delivered after the procedure
- Do not remove the denture
- You should not eat sticky foods. (example: chewing gum or caramel)
- You should not eat hard and crunchy foods. (example: raw carrots or french bread)
- Rinse daily with warm water mixing half teaspoon of baking soda and half salt.

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If your temporary crown is off and you're not able to get to our office within a day, you may use toothpaste or Fixodent denture adhesive inside the temporary crown and place it back on the tooth.

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